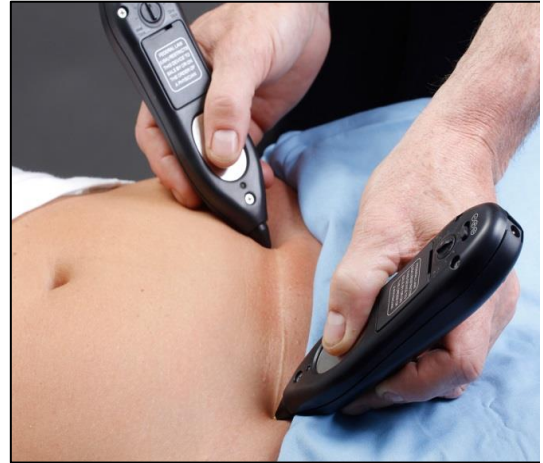


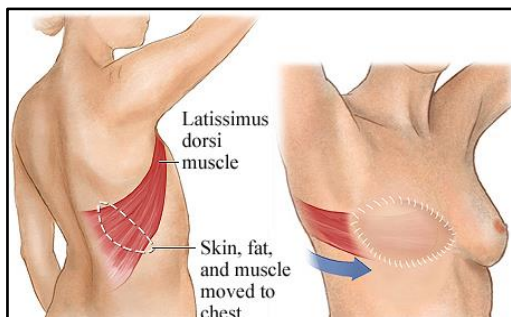
Scar Therapy for Post-Surgical Pain Relief

It is normal to experience a certain amount of pain following any kind of surgery. Pain from simple procedures usually resolves quickly. More complex surgeries, however, can mean a longer recovery with significant discomfort for some patients. It is quite common for some people to feel pain not just in the general area, but actually in the scar itself. Until recently, there were few alternatives to medication for post-surgical pain relief. Scar Therapy is a safe, natural, drug-free approach and is approved by the American Academy of Pain Management.



The body is impacted in multiple ways by surgery. Surgery cuts through skin, muscles, nerves, lymphatic vessels and connective tissue. The connective tissue, called fascia, is very rich in nerve endings and is highly responsive to various types of stimuli. Fascia envelops and interpenetrates every major structure in the body. The human body has its own type of electricity that is involved in all levels of physiological functioning. The body's electrical impulses consist of sequences of positive and negative charges which can become disrupted and blocked. The fascia is particularly susceptible to this type of disruption. The scar tissue becomes 'depolarized' resulting in pain, both in the scar itself and often in other parts of the body. Whenever the connective tissue has been cut, the entire musculoskeletal system will go through a process of rearranging itself to accommodate the different tension levels pulling on the joints. This process of adaptation takes quite some time, and may result in seemingly unrelated aches and pains elsewhere in the body, months or even years later. So it is important for anyone with scars, regardless of how long they have been there, to undergo Scar Therapy.

Scar Therapy for mastectomy with 'back flap' reconstruction can reduce pain and speed recovery. Ask your doctor for more information.



Scar Therapy can enhance your recovery from:

- **Mastectomy/reconstruction**
- **Tummy tuck**
- **Breast implants**
- **Tumor removal**
- **C-Section / abdominal hysterectomy**
- **Skin grafting**
- **Orthopedic surgeries**
- **Other surgical or non-surgical pain**

See brochure for details. Ask the front desk for more information or for a referral. Scar Therapy is performed by a Florida Licensed Healthcare Professional.

Juliet Mathison, Specialized Kinesiologist (770) 465-6294